


# REVISED AQUATIC CENTRE POOL SCHEDULE

## MONTH: JULY, 2015

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>**All programs except for swim lessons are included in your daily, weekly, monthly or seasonal pass.</b></p>			<p><b>CANADA DAY 1</b>                      6:30-8 Fit Swim                      9-11:30 Public Swim                      1:30-5 Public Swim                      Closed for Evening</p>	<p>2                      6:30-8 AASC                      12-1 AASC                      1-5:30 Public Swim                      5:30-7 AASC                      7-8:00 Open Lane Swim</p>	<p>3                      6:30-8 Fit Swim                      12-1 AASC                      1-7 Public Swim                      7-8 Open Lane Swim</p>	<p>4                      9-10 Skills Improve                      10-11 Mermaid/Shark                      11-12 Water Polo                      1-7 Public Swim                      10-12 "Midnight"</p>
<p>5                      1-7 Public Swim                      7-8 Open Lane Swim</p>	<p>6                      6:30-8 Fit Swim                      9-12 Lessons                      12-1 AASC                      1-5:30 Public Swim                      5:30-7 AASC                      7-8:00 Aqua Fitness                      8-9 Open Lane Swim</p>	<p>7                      6:30-8 AASC                      9-12 Lessons                      12-1 AASC                      1-5:30 Public Swim                      5:30-7:00 AASC                      7-8 Aqua Zumba                      8-9 Open Lane Swim</p>	<p>8                      6:30-8 Fit Swim                      9-12 Lessons                      12-1 AASC                      1-5:30 Public Swim                      5:30-7 AASC                      7-8:00 Aqua Fitness                      8-9 Open Lane Swim</p>	<p>9                      6:30-8 AASC                      9-12 Lessons                      12-1 AASC                      1-5:30 Public Swim                      5:30-7:00 AASC                      7-8 Aqua Zumba                      8-9 Open Lane Swim</p>	<p>10                      6:30-8 Fit Swim                      9-12 Lessons                      12-1 AASC                      1-5:30 Public Swim                      Closed for evening-swim meet set up</p>	<p>11                      6-5 Swim Meet                      7-8:30 Public Swim</p>
<p>12                      1-7 Public Swim                      7-8 Open Lane Swim</p>	<p>13                      6:30-8 Fit Swim                      9-12 Lessons                      12-1 AASC                      1-5:30 Public Swim                      5:30-7 AASC                      7-8:00 Aqua Fitness                      8-9 Open Lane Swim</p>	<p>14                      6:30-8 AASC                      9-12 Lessons                      12-1 AASC                      1-5:30 Public Swim                      5:30-7:00 AASC                      7-8 Aqua Zumba                      8-9 Open Lane Swim</p>	<p>15                      6:30-8 Fit Swim                      9-12 Lessons                      12-1 AASC                      1-5:30 Public Swim                      5:30-7 AASC                      7-8:00 Aqua Fitness                      8-9 Open Lane Swim</p>	<p>16                      6:30-8 AASC                      9-12 Lessons                      12-1 AASC                      1-5:30 Public Swim                      5:30-7:00 AASC                      7-8 Aqua Zumba                      8-9 Open Lane Swim</p>	<p>17                      6:30-8 Fit Swim                      9-12 Lessons                      12-1 AASC                      1-5:30 Public Swim                      6:30-8 Public Swim</p>	<p>18                      10-11 Mermaid/Shark                      11-12 Water Polo                      1-7 Public Swim                      7-8 Open Lane Swim</p>
<p>19                      1-7 Public Swim                      7-8 Open Lane Swim</p>	<p>20                      6:30-8 Fit Swim                      9-12 Lessons                      12-1 AASC                      1-5:30 Public Swim                      5:30-7 AASC                      7-8 Public Swim                      8-9 Open Lane Swim</p>	<p>21                      6:30-8 AASC                      9-12 Lessons                      9-3 Bronze M/C                      1-5:30 Public Swim                      5:30-7:00 AASC                      7-8 Aqua Zumba                      8-9 Open Lane Swim</p>	<p>22                      6:30-8 Fit Swim                      9-12 Lessons                      9-3 Bronze M/C                      12-1 AASC                      1-5:30 Public Swim                      5:30-7 AASC                      7-8 Public Swim                      8-9 Open Lane Swim</p>	<p>23                      6:30-8 AASC                      9-12 Lessons                      9-3 Bronze M/C                      1-7 Public Swim                      7-8 Aqua Zumba                      8-9 Open Lane Swim</p>	<p>24                      6:30-8 Fit Swim                      9-12 Lessons                      9-3 Bronze M/C                      1-5:30 Public Swim                      6:30-8 Public Swim</p>	<p>25                      9-10 Skills Improve                      10-11 Mermaid/Shark                      11-12 Water Polo                      1-7 Public Swim                      7-9 "Clue-Less"</p>
<p>26                      1-7 Public Swim                      7-8 Open Lane Swim</p>	<p>27                      6:30-8 Fit Swim                      9-12 Lessons                      9-3 Bronze M/C                      1-5:30 Public Swim                      6:30-8 Public Swim                      8-9 Open Lane Swim</p>	<p>28                      9-12 Lessons                      9-3 Bronze M/C                      1-7:00 Public Swim                      7-8 Aqua Zumba                      8-9 Open Lane Swim</p>	<p>29                      6:30-8 Fit Swim                      9-12 Lessons                      9-3 Bronze M/C                      1-5:30 Public Swim                      6:30-8 Public Swim                      8-9 Open Lane Swim</p>	<p>30                      9-12 Lessons                      9-3 Bronze M/C                      1-7 Public Swim                      7-8 Aqua Zumba                      8-9 Open Lane Swim</p>	<p>31                      6:30-8 Fit Swim                      9-12 Lessons                      9-3 Bronze M/C                      1-5:30 Public Swim                      6:30-8 Public Swim</p>	

### NOTES:

 Changes to the schedule for the rest of the month

**AQUAFITNESS:** Has been cancelled- please join in the "Aqua Zumba" fun on Tues. & Thurs.

**OPEN LANE SWIMMING:** Open to all ages- For **swimming in lanes only**. Diving boards, slide and starting blocks are closed. Come on in and swim some laps with your friends or family!